

Firebird Free Press

March 31st-April 4th, 2025.

Week at a Glance

Monday March 31st:

- *Performance Dance Team Practice @ 12:50pm: Gym: Mancuso
- *Girls Int Pickle Ball Tryouts 3-4: Tham and Sacco

Tuesday April 1st:

- *Volunteer Reading Program Begins
- *Lego Club @ 10:50-11:10am in the Library: Mancuso
- *Advanced Dance Team @ 10:50am in the gym: CuvIELlo
- *Boys Int Pickle Ball tryouts 3-4: Tham and Sacco

Wednesday April 2nd:

- *Junior Girls Handball Practice @ 10:50 -11:30am: Avolio
- *World Autism Day: Dress Down: Student are encouraged to wear blue shirts

Thursday April 3rd:

- *SJHN Night at the Niagara Ice Dogs
- *Boys Handball Practice @ 10:50am: Gym: Fortino-Carter

Friday April 4th:

P.A. Day: NO SCHOOL

SJHN Night at the Niagara Ice Dogs

We are excited to announce that the Niagara Ice Dogs have invited the St John Henry Newman school community to Game #4 of their playoff series versus the Barrie Colts on Thursday April 3rd!



The SJHN choir has been asked to perform the National Anthem prior to the game as well! Tickets for the game can be purchased for \$21.00 each. Please order tickets using School Cash Online by Sunday, March 30th, 2025.

Prior to the game, students, staff and families will have the opportunity to skate on the Meridian Centre ice from 4:50-5:50 pm. Helmets are required for children 14 and under. Students and their families can use the Community Doors entrance (circled on the attached map) for the pre-game skate.

Purchased tickets will be available for pick up at the Meridian Centre box office following the pre-game skate.

If your child is singing with the school choir, they must also have a ticket ordered for the game. A parent must purchase a ticket and attend with each child/group of children. Choir members will return to their seats with their parents/guardians after the National Anthem is sung.

Choir members & their parents/guardians can also use the Community Doors entrance where Mrs. Pietrangelo will meet them inside with an Ice Dogs facilitator. We ask that all choir members meet for 6:45pm. Once they have finished performing they can return to their seats with their families/friends.

We look forward to a fun filled evening cheering on the Niagara Ice Dogs!!
Go! Dogs Go!

Nutrition Donations

Thank you to the 164 families who made donations to our nutrition program.

We were able to raise \$1,243.75. Thank you for helping fuel our school.



St. Paul High School Students of the Month

Selena Mascia

Grade 1

Mrs. Gabriele

Selena is a conscientious and hard working student that puts forth her best effort in all she does. She is an attentive listener and active participant during classroom lessons and activities. Selena loves helping others, especially her friends and teachers. She is always willing to lend a hand to someone in need or cheer someone up that is feeling sad. Selena is kind, caring, and empathetic towards others and it shows in her daily interactions. She is a wonderful role model for her classmates! Keep smiling and shining bright! Congratulations, Selena!

Max Do

Grade 6

Miss Korce

Max is a hardworking and dedicated student who consistently demonstrates a passion for learning. He is very inquisitive and excels in his academics, always seeking opportunities to challenge himself to learn new things. He can always be depended upon to set a positive example

in our classroom and models the virtues of our Catholic Faith. Max is very kind, always finding ways to include and uplift others. He is a very respectful and helpful student who is always willing to lend a helping hand. He demonstrates leadership skills and enjoys volunteering his time in the classroom to assist others, especially with technology! Congratulations Max, keep up the great work!

Colourful Socks for World Down Syndrome Day



CALL FOR NOMINATIONS NIAGARA CATHOLIC PARENT INVOLVEMENT COMMITTEE (NCPIC) MEMBERSHIP 2025-2026

The Niagara Catholic Parent Involvement Committee (NCPIC) supports the Mission of Catholic education and the Mission, Vision and Values of the Niagara Catholic District School Board by providing a communication link to parents/guardians, Catholic School Councils, the Diocese, the Director of Education, and the Board.

The NCPIC promotes active parent/guardian engagement within all schools for the improvement of student achievement and well-being of all students in the Niagara Catholic District School Board.

The NCPIC membership is made up of parents/guardians, community and student representatives, the Bishop of the Diocese of St. Catharines or his appointed representative, principals, teachers, support staff, the Director of Education or designate, the appointed Superintendent of Education and Trustees. The Niagara Catholic Parent Involvement Committee meets on the first Thursday of the month, on a bi-monthly basis (or as noted) at the Catholic Education Centre from 6:30 p.m. to 8:30 p.m. Meetings are open to the public, livestreamed and recorded.

COMMUNITY REPRESENTATIVES

The Niagara Catholic District School Board is seeking to appoint up to three (3) community representatives for the 2025-2026 school year to the Niagara Catholic Parent Involvement Committee. Interested parties are to complete and submit the Community Representative Form, along with a letter of recommendation supporting the nomination from the community agency, association, or organization addressed to ***Danny Di Lorenzo, Chair of the Board no later than 4:00 p.m., on Friday, May 16, 2025.***

PARENT/GUARDIAN REPRESENTATIVES

To be eligible for election/appointment as a parent/guardian representative to the Niagara Catholic Parent Involvement Committee, a person:

- must be a parent/guardian of a student enrolled in a school of the Niagara Catholic District School Board;
- must reside within the jurisdiction of the Board;
- must support the Mission, Vision and Values of the Niagara Catholic District School Board; and
- must fully participate in the annual Commissioning Ceremony of NCPIC members.

Available parent/guardian positions for the 2025-2026 Niagara Catholic Parent Involvement Committee Membership are as follows:

Fort Erie/Port Colborne/Wainfleet

2 positions

Parent/Guardian Representatives

Grimsby/Lincoln/West Lincoln

1 position

Parent/Guardian Representative

Thorold/Merritton

2 positions

Parent/Guardian Representatives

Niagara Falls

2 positions

Parent/Guardian Representatives

St. Catharines/Niagara-on-the-Lake

2 positions

Parent/Guardian Representatives

Welland/Pelham

1 position

Parent/Guardian Representative

Interested parents/guardians are to complete and submit the parent/guardian nomination form ***no later than 4:00 p.m., on Friday, May 16, 2025.*** Nomination forms are available at the school and on the Board website. Please click on the link: [Niagara Catholic Parent Involvement Committee](#).

Please send nomination forms to: Catholic Education Centre

427 Rice Road

Welland, ON L3C 7C1

Attention: Yvonne Anderson

or by email to: yvonne.anderson@ncdsb.com

Nutrition Month 2025

March is [Nutrition Month!](#) This annual campaign has been created by the [Dietitians of Canada](#) to highlight the importance of making informed food choices and developing both balanced eating

and physical activity habits. Adults have a unique opportunity to help youth learn that healthy eating is more than the foods they eat. Below are some helpful resources to encourage healthy behaviours in children.

- [Building Healthy Eating Habits](#) | [Support Your Picky Eater](#)
- Visit unlockfood.ca for recipes, food allergies, [menu planners](#), and to find a Dietitian
- Check out this [free downloadable e-recipe](#) book from a previous Nutrition Month
- For more support around healthy eating, visit [Healthy eating for parents and children - Canada's Food Guide](#)

5th Annual St. Mary Invitational Singles Chess Tournament

When: Saturday, April 12th, 2025

Where: St. Mary Catholic School, Niagara Falls



Dear Parents,

Following the success of our Niagara Catholic Chess Team Tournament a singles competition has been organized to allow individual players to compete against other players from various schools in the Niagara Region. **Your child has shown interest in participating in the competition.**

The tournament will be organized into three groups; a Grade 4 division, Grade 5 and 6 (Junior Division) and a Grade 7 and 8 (Intermediate Division). Players will be placed into groups and will take part in a round robin format, and the highest scoring players will advance to the playoff rounds.

The cost of entry into the tournament will be \$5. Payment can be made on the tournament date. Parents are asked to drop-off and pick up their own child from the tournament.

A snack concession stand will be available as well as barbeque lunch (hamburgers and hot dogs).

Doors for the tournament will open at 8:30 am for registration and the tournament will begin promptly at 9:15 am with a review of key rules. Awards for the Gold and Silver players will be presented. Please confirm your participation by completing the following registration form.



SCAN ME

Please confirm your participation by completing the following registration form.

<https://ggle.in/llpkp>

Confirmation for this tournament will close on Thursday, April 10th.

Thank you for your interest

Mr. Cicchino (mark.cicchino@ncdsb.com)



chris spagnol

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